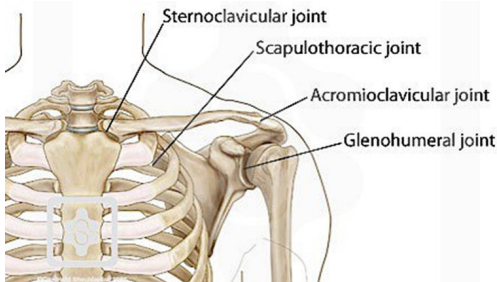


SHOULDER INSTABILITY



Shoulder instability is a problem that occurs when the structures that surround the shoulder joint do not work to maintain the ball within its socket. If the joint is too loose, it may slide partially out of place, a condition called subluxation (partial dislocation of the shoulder joint). If the joint comes completely out of place, this is called a shoulder dislocation. This course provides information to improve your ability to treat these patients and perhaps provide new ideas or exercises that will help improve your clinical effectiveness.

Upon completion of this course, you will be able to:

- Define shoulder instability.
- Recognize the two types and their differences.
- Understand the relationship between the glenohumeral and scapulothoracic joints.
- Review common shoulder pathologies related to shoulder instability and develop treatment plans.
- Review Wilk's 7 factors to consider in rehabilitation of shoulder instability.
- Develop evidence based exercises to improve patient function related to shoulder instability.
- Develop and progress home exercise programs integrating traditional and innovative exercises.

Author: Paul D. Simonetti, PT, DPT, OCS, MTC

Contact Hours : 3 Hours / 3 PDR

Teaching Method : Online Independent Self-Study (Training + Post-Test). Need Computer & Internet Access.

Target Audience: PTs, PTAs, OTs, OTAs, Nursing and Other Healthcare Professionals

Cost: \$25 / Participant

Course Completion Certificate : A Printable (Pdf) Certificate By Email / Mail (If Requested, we will mail printed certificate at no additional cost)

Cancellation / Refund Policy: By completing your purchase from Biologix Solutions LLC through PayPal, you agree that you are purchasing digital, non-tangible product / service / training courses, and as such are not entitled to a refund once accessed. If you have any questions, please feel to contact us by phone or email before purchasing online course.