

PROPRIOCEPTIVE RETRAINING AFTER STROKE

Rehabilitation after a stroke can be quite complex because of the complications and impairments which routinely follow a cerebrovascular accident. Proprioceptive training remains one of the most promising treatment options for this population, but which techniques are effective? This course takes a broad overview of the active, passive and somatosensory options available to therapists who wish to address proprioceptive deficits after CVA. Techniques discussed will cover the spectrum from Aquatic Therapy and Constraint-Induced Movement Therapy to Virtual Reality and Functional Electrical Stimulation and beyond.

Upon completion of this course, you will be able to:

- Verbalize at least 1 statistic which supports the need for post-CVA rehab.
- Differentiate between 3 evidence-supported interventions which address proprioception through Active Movement and/or Balance Training
- Describe 3 evidence-supported interventions which address proprioception through Passive Movement Training
- Describe 3 evidence-supported interventions which address proprioception through Somatosensory Stimulation Training
- Progress a Stance & Steppage drill from a low level of function to a higher level of function.
- Describe at least 1 technique that has been shown to improve patient motivation during post-CVA rehab.
- Compare the benefit of using a single “named” approach to proprioceptive training versus using an eclectic mix
- List at least 1 difference between patient satisfaction and patient improvement.

Author: Andrea Salzman, MS, PT

Contact Hours: 5 Hours / 5 PDR (AOTA CEUs—0.5)

Cost: \$35 / Participant

Instructional Methods: Online Independent Self-Study (Training + Post-Test). A minimum passing score of 70% is required for course completion. A Printable (Pdf) Certificate By Email.

Target Audience: PTs, PTAs, OTs, OTAs and Other Healthcare Professionals

Educational Level: Intermediate

Prerequisites: None

AOTA Classification Codes: Category 2—Occupational Therapy Process

Cancellation / Refund Policy: By completing your purchase from Biologix Solutions LLC through PayPal, you agree that you are purchasing digital, non-tangible product / service / training courses, and as such are not entitled to a refund once accessed. If you have any questions, please feel to contact us by phone or email before purchasing online course.



Biologix Solutions LLC is an AOTA Approved Provider of continuing education. The assignment of AOTA CEUS does not imply endorsement of specific course content, products, or clinical procedures by AOTA.