

MANAGEMENT OF THE HEMIPLEGIC UPPER EXTREMITY

Management for the hemiplegic upper extremity can be confusing for even the experienced therapist. Best practice involves using the evidence to support a holistic approach to evaluation and treatment. This course will review stroke and the resulting hemiplegic upper extremity. This course will provide an overview of the shoulder complex, its importance in function of the upper extremity and pain associated with stroke and subluxation. Outcome measures frequently used in practice and discussed in the literature will be examined and explained. Preventative and restorative measures supported by the evidence will be presented for the therapists review.

Upon completion of this course, you will be able to :

- Understand stroke, various types, facts and statistics associated with stroke.
- Understand shoulder complex as it relates to the hemiplegic shoulder.
- Identify outcome measures often used in assessing the upper extremity in post stroke rehabilitation.
- Understand pain associated with hemiplegia and subluxation.
- Identify preventative measures for hemiplegic shoulder pain and subluxation.
- Understand and identify evidence-based restorative treatment approaches to managing the hemiplegic upper extremity.

Author: Dianna Lunsford OTD M.Ed. OTR/L CHT

Contact Hours : 4.00 Hours (AOTA CEUs—0.4)

Instructional Methods : Online Independent Self-Study (Training + Post-Test)

Audience: This course is designed for OTs, OTAs, PTs, PTAs and other healthcare professionals

AOTA Classification Codes: Category 2—Occupational Therapy Process

Educational Level: Intermediate

Prerequisites: None

Cost: \$30 / Participant

Course Completion Certificate : A minimum passing score of 70% is required for course completion. A Printable (Pdf) Certificate By Email.

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