This course was designed to be systematic, evidenced-based and most importantly, have direct application that can be used immediately with your patients. It will provide the attendee with the ability to gain and understand new knowledge on IASTM, learn how to assess more efficiently and practice the skills learned from the home study course. his is a course designed for therapists and therapist assistants teaching the foundational material that most PTs, PTAs, OTs, OTAs and Massage Therapists did not learn while in school.

The course is divided into twelve separate chapters.

Chapter 1: Foundation and why behind of IASTM
Chapter 2: Research and effectiveness of IASTM
Chapter 3: Principles and benefits of IASTM
Chapter 4: Physiologic and neurophysiologic responses of IASTM
Chapter 5: Type of tools available
Chapter 6: Type of strokes, application and use
Chapter 7: Indications, precautions and contraindications with IASTM
Chapter 8: Fascia, fascial chain and the fascial slings
Chapter 9: Trigger points and adaptive shortening
Chapter 10: Clinical Patterns of Movement Dysfunctions and using IASTM
Chapter 11: IASTM techniques for upper body including cervical, shoulder, thoracic and elbow regions
Chapter 12: IASTM techniques for lower body including lumbar, hip, knee and ankle regions

Upon completion of this course, you will be able to:

- Interpret and list two sources on the foundation and origin of Instrument Assisted Soft Tissue Manipulation (IASTM) and the latest research as it applies clinically.
- Apply the fanning stroke with a patient who has active or latent trigger points in their upper trapezius muscle.
- Independently defend selection of one IASTM tool and treatment plan for a specified clinical condition.
- Correctly compare mechanical and physiologic responses of IASTM when provided with a case study.
- Explain three key differences between a fascial restriction and muscle tightness.
- Identify two indications and two contraindications of IASTM for an instructor named clinical condition.
- Explain the rationale behind IASTM by comparing mechanical vs. neurological responses using the most current research.
- Understand what fascia is, how to identify common fascial restrictions using the IASTM and latest research.
- Based on instructor specified example indicating evaluation findings, will accurately choose the IASTM technique to manage the condition.
- Compare the difference between the clinical patterns of spinal stenosis, spondylolysis and lumbar radiculopathy in terms of each diagnoses behavior of symptoms, clinical findings, and common muscle imbalances.
- Compare an active trigger point vs. a latent trigger point for patients diagnosed with fibromyalgia.
- Justify the IASTM tool selected based on the presence of trigger points in a therapy evaluation.
- Design a plan of care, including the IASTM, for a patient diagnosed with either a rotator cuff repair, subacromial decompression, shoulder impingement or similar diagnoses.

Author: Chris Gellert, PT, MMusc & Sportphysio, MPT, CSCS, C-IASTM

Contact Hours: PTs/PTAs 12 Hours (12 PDU / 12 CEUs) | AOTA 1.2 CEUs | Licensed Massage Therapists 4 CEUs

Cost: $85 / Participant

Target Audience: PTs, PTAs, OTs, OTAs, and Licensed Massage Therapists.

Approvals:
- Alabama – Does Not Pre-Approve Courses. We Meet Board Requirements
- Alaska – Accepts CEUs Approved by Other State Physical Therapy Board.
- Arizona – Accepts CEUs Approved by Other State Physical Therapy Board.
- Arkansas – Approved Directly by Arkansas Physical Therapy Board.
- California – Physical Therapy Board of California (PTBC) Approved Provider. Lifetime Approval
- Colorado: Accepts CEUs Approved by Other State Physical Therapy Board.
- Connecticut – Accepts CEUs Approved by Other State Physical Therapy Board & APTA Component (TPTA) Approval.

Continue next page
**INSTRUMENT ASSISTED SOFT TISSUE MANIPULATION (IASTM)**

Delaware – Accepts CEUs Approved by National Governing Body or A Fellow State Licensing Board

District of Columbia – Accepts Courses Approved by APTA Component (TPTA) Approval.

Florida – Florida Board of Physical Therapy Rule Approved Provider. CE Broker Provider # 50-20979

Georgia – Approved Through APTA Component (TPTA) Approval.

Hawaii – Accepts CEUs Approved by Other State Physical Therapy Board.

Idaho – Approved Through APTA Component (TPTA) Approval.

Illinois – IDFPR Approved Physical Therapy Continuing Education Sponsor – License # 216000304

Indiana – All Courses Approved Through APTA Component (TPTA) Approval.

Iowa – Meets Board Requirements

Kansas – Accepts CEUs Approved by Other State Physical Therapy Board.

Kentucky – Accepts CEUs Approved by Other State Physical Therapy Board & APTA Component (TPTA) Approval.

Louisiana – Approved by Louisiana Physical Therapy Board For 2020

Maryland – Maryland State Board of Physical Therapy Examiners Approved (Expires – December 2022)

Michigan – Approved Through APTA Component (TPTA) Approval.

Minnesota – Approved Through APTA Component (TPTA) Approval.

Mississippi – As “Per Mississippi Regulation Part 3103 Rule 5.4 (1): Approved Through APTA Component (TPTA) Approval.

Missouri – Approved Through APTA Component (TPTA) Approval.

Montana – Approved Through APTA Component (TPTA) Approval.

Nebraska – Accepts CEUs Approved by Other State Physical Therapy Board & APTA Component (TPTA) Approval.

Nevada – Approved by Nevada State Board of Physical Therapy (Expires – 7/31/2021)

New Hampshire – Does Not Pre-Approve, We Meet Board Requirements

New Jersey – Not Approved

New Mexico – Approved Through APTA Component (TPTA) Approval.


North Carolina – Approved Through APTA Component (TPTA) Approval.

North Dakota – Approved Through APTA Component (TPTA) Approval.

Ohio – OPTA Approval # 19S0789 (Approval 3/1/2019 to 3/1/2020)

Oklahoma – Approved by Oklahoma Board of Medical Licensure and Supervision Approved Category B Courses

Oregon – Approved Through APTA Component (TPTA) Approval.

Pennsylvania – Approved Through APTA Component (TPTA) Approval. Rule Approved

Rhode Island – Approved Through APTA Component (TPTA) Approval.

South Carolina – South Carolina Board of Physical Therapy Rule Approved Provider. CE Broker Provider # 50-20979

South Dakota – Accepts CEUS Approved by Other State Physical Therapy Board & APTA Component (TPTA) Approval.

Tennessee – Tennessee Board of Physical Therapy Rule Approved Provider. CE Broker Provider # 50-20979

Texas – Texas Physical Therapy Association (TPTA) Approved APS#: 2101042TX (2/1/2018 To 1/31/2021)

Utah – Accepts CEUS Approved by Other State Physical Therapy Board.

Vermont – Approved Through APTA Component (TPTA) Approval.

Virginia – Approved Through APTA Component (TPTA) Approval.

Washington – Accepts CEUS Approved by Other State Physical Therapy Board.

West Virginia – No Approved

Wisconsin – Accepts CEUS Approved by Other State Physical Therapy Board & APTA Component (TPTA) Approval.

Wyoming – Approved Through APTA Component (TPTA) Approval.

Note: TPTA (Texas Physical Therapy Association Approved) APS#: 2101042TX (2/1/2018 To 1/31/2021)

**Massage Therapists:** Instrument Assisted Soft Tissue Manipulation For Licensed Massage Therapists is approved for 4 CEUs – Approved Provider # 1119 By The NCTMB through Pinnacle Training & Consulting Systems, LLC.

**Teaching Method / Course Material:** Online independent self-study (training + post-test). A 144 page comprehensive course manual that has over 240 references divided into twelve distinct and separate chapters. The course is filled with over 100+ illustrations and graphics, and access to over 20 videos that compliment and review each of the twelve chapters of the IASTM home study course. **Course Completion Certificate:** A printable (PDF) certificate by email.

**Cancellation / Refund Policy:** By completing your purchase from Biologix Solutions LLC through PayPal, you agree that you are purchasing digital, non-tangible product / service / training courses, and as such are not entitled to a refund once accessed. If you have any questions, please feel to contact us by phone or email before purchasing online course.