

CARPAL TUNNEL SYNDROME



This course is designed to provide an overview of the care and management of the patient with Carpal Tunnel Syndrome with emphasis on anatomy of carpal tunnel syndrome, causes, onset, signs and symptoms, diagnosis, treatment, therapy options and prevention strategies.

Upon completion of this course, you will be able to:

- Describe the anatomy of the carpal tunnel,
- Discuss the mechanisms of injury associated with carpal tunnel syndrome.
- Explain the clinical manifestations, and diagnostic testing procedures of carpal tunnel syndrome.
- Discuss the causes and risk factors of carpal tunnel syndrome.
- Explain treatment options and outcomes for carpal tunnel syndrome.
- Explain the measures that may be taken by individuals, employers, and healthcare professionals to prevent carpal tunnel syndrome.
- Discuss the role of physical therapy and occupational therapy in rehabilitation of the hand
- Describe alternative treatment methods.

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Contact Hours: 3 Hours (AOTA CEUs—0.3)

Cost: \$20 / Participant

Instructional Methods: Online Independent Self-Study (Training + Post-Test). A minimum passing score of 70% is required for course completion. A Printable (Pdf) Certificate By Email.

Target Audience: OTs, OTAs, PTs, PTAs and Other Healthcare Professionals

Educational Level: Intermediate

Prerequisites: None

AOTA Classification Codes: Category 2—Occupational Therapy Process

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