

ADHESIVE CAPSULITIS – EVALUATION & MANAGEMENT



This continuing education course will review the functional anatomy of shoulder, pathophysiology, causes, risk factors, clinical presentation, classification, diagnosis, differential diagnosis, and intervention associated with adhesive Capsulitis. Provides most up-to-date evaluation, assessment and treatment techniques for rehabilitation of the shoulder.

Upon completion of this course, you will be able to:

- The anatomical and pathophysiological changes that occur with adhesive capsulitis.
- The stages of adhesive capsulitis.
- The signs and symptoms of each stage of adhesive capsulitis.
- The risk factors associated with adhesive capsulitis.
- The diagnosis through physical examination, imaging and other tests.
- The differential diagnosis of adhesive capsulitis.
- The treatment strategies based on irritability level.
- The evidence based treatment strategies including modalities, shoulder manipulation, joint mobilization techniques, myofascial / soft tissue mobilization of a shoulder, and other interventional procedures.
- Physical therapy interventions - exercises for patients with adhesive capsulitis.
- The surgical options for patients with adhesive capsulitis who have little or no improvement after six to 12 weeks of conservative treatment.

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Contact Hours : 3 Hours / 3 PDR

Teaching Method : Online Independent Self-Study (Training + Post-Test). Need Computer & Internet Access.

Target Audience: PTs, PTAs, OTs, OTAs, Nursing and Other Healthcare Professionals

Cost: \$25 / Participant

Course Completion Certificate : A Printable (Pdf) Certificate By Email / Mail (If Requested, we will mail printed certificate at no additional cost)

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